

# Just think for a minute about what distinguishes humans from animals.

Animals are largely instinctual. Humans have self-referral awareness and free will to choose. Animals pounce on their prey without any conscience, and humans can articulate moral concepts. What is it in human DNA that makes this possible? No one in the biotech field knows or, in most cases, even cares. Yet the defining characteristic of humans is their capacity to be self-aware.

This article is available as an audio file.

The greatest absurdity in the science of genetics is the exclusion of consciousness from its study, along with the false assumption that you can edit DNA and its expression without altering consciousness or identity.

# The Relationship Between Consciousness and Genetics

In a number of articles, we have explored the relationship between consciousness and genetics. In our article 'The Gene Illusion That is Killing Us', we discussed that genetic functioning is based on the whole cell, not just DNA. Life begins with a single cell which encompasses the information in the DNA, transfer mechanisms in the cytoplasm, and the cell membrane which interfaces with the wider physiological environment. Does this three-in-one cellular structure support the intimate relationship between mind and body? We suggest that this three-in-one structure is common in nature and mirrors the togetherness of the observer, the process of observation, and the observed that characterizes consciousness.

The laws of physics have a lot to say about the relationship between consciousness and matter. You cannot formulate a consistent theory of quantum mechanics without including the observer, so why would you attempt to leave it out of genetics?

Each of us only has the limited perspective of a single observer in one place engaged in a sequence of actions, one after the other. Einstein, in his papers on relativity, made a cosmic perspective seem more accessible. He brilliantly showed that whilst our single viewpoint located in time and space limits our understanding and affects our description of physical law, the bias this introduces can be rigorously quantified and a consistent set of universal laws described. The cosmos has a lot of lessons for us.

- According to Newton's laws, every action has an equal and opposite reaction—the universe is balanced.
- According to the quantum theory of measurement, observation affects the object—consciousness influences
  outcomes.
- According to quantum entanglement theory, the result of an action between particles can leave them tied together in a relationship—connecting states across time and space.
- Heisenberg's Uncertainty Principle reveals there are limitations and trade-offs in any attempt to precisely measure
  what we are attempting to observe—the universe is composed of probability wave functions in an abstract space.
- Quantum cosmology, the study of the universe as a whole, discusses the origins of the space-time framework of the
  universe as the result of the interplay between the observer and the observed, referred to as 'information gathering
  and utilising systems'—the universe is self-interacting.

This seems to imply the universe is built out of a succession of relationships, just as our lives are.

The Cosmos has no individual limitations. All interactions in the universe are managed, not one at a time, but simultaneously. The laws of nature sit at the point of the lens, they take account of everything and arrange the outcomes. The organizing power involved is beyond human comprehension. Nevertheless, we can glimpse the mechanics by reflecting on our own position as observer and creator.

We are actors on a stage, able to create and influence events one at a time and build relationships—our consciousness effortlessly interfacing the laws of nature around us. How do we do this?

Our cells store the memory of the past which helps to determine the reaction in the present which creates the future. This mirrors our own consciousness which remembers the past and decides in the present how to proceed into the future.

It is a principle of quantum cosmology that the initial conditions of a system determine the evolution of its state. The implication of this is clear—what came before—the memory of prior relationships and events—leads the way ahead.

Our extended cellular genetic system contains the memories of past illnesses and responses. It contains specific sequences of information from past generations (as genetic testing services like MyHeritage and Ancestry amply illustrate). Genetics is a window into the past and a gateway to the future, but it also has a network function. It joins us together. Or rather, cells have a property of networking together to create a larger single organism made of many cells which enjoy a single identity. We have discussed this property in our article: 'The Long Read: Cells, Consciousness, Biotechnology and Intelligence'.

As we leave our footprint traveling through time and space, in addition to our physiological network, our actions and, more especially, our consciousness simultaneously weave us into vast networks of enduring relationships, both individual and social. How do we know this is the case, or rather how do we experience our participation? To glimpse this, we will start by traveling to a distant corner of the planet.

In 1991 I was living in Armenia, helping victims of a huge earthquake recover from trauma. While there, I visited the Khor Virap monastery at the foot of Mount Ararat. In the second century AD, Grigor the Illuminator was imprisoned there for 13 years by King Tiridates for his Christian beliefs. Grigor was put into a tiny cell carved into the solid rock below ground level where he meditated and prayed for the duration of his long imprisonment. He was eventually released in 301 AD to become the spiritual mentor of the king and the state. To reach Grigor's cell, you descend 6m on a ladder down a narrow vertical shaft. Sitting in his stone cell, you are suddenly filled with the light of Grigor's meditations. A power of good imprinted into the solid rock that still shines today despite the intervening centuries. For me, this was a powerful illustration of how physical material is intimately linked with consciousness.

Mysterious though this sounds, there are other examples. Transplant recipients have been known to automatically adopt the habits of their now deceased donors. There are connections with distant relatives. My mother called unexpectedly from the UK to ask if I was alright when unknown to her, I had been admitted to hospital. Many families have such stories. I have also written extensively about networks of collective consciousness, including how they are influenced, in my book Your DNA Diet.

# Discovering Your DNA Diet & Defending



#### Genetic Structures Are Not Random

Biotechnologists and evolutionists have assumed that there is something inherently random about genetics that sanctions their attempts to edit genes. In effect, we are the result of a series of accidental mutations. What if there is little or nothing random in each individual genetic make-up? Rather, the structure of DNA is a preferred structure emerging from the underlying structure of physical law and universal consciousness itself.

The idea that DNA evolves solely through random mutations and adaptive pressures doesn't appear to hold up to modern scrutiny (see our paper Evolution, Genetics, Physics, and Consciousness). We know that even genetic damage involving seemingly minor genetic placements, such as those caused by agent orange used in Vietnam, can have catastrophic consequences that persist through generations. How could DNA gradually evolve whilst remaining robust in the face of mutation?

Each individual has a unique genetic signature (which is used to infallibly identify criminal perpetrators). Perhaps the characteristics which make each of us unique are essential rather than coincidental. Certainly, our individual genetic makeup has a very strong intolerance for the genetic makeup of others. The body works hard to protect its unique identity. Transplants would be automatically rejected if it wasn't for a lifetime of immunosuppressant drugs. Clearly, our body's intelligence has made the protection of genes a top priority. This is because they need protection.

A new understanding of the full scope of genetics will require that:

- We recognize the whole cell as the foundational unit of life and genetics
- We realize that the networking properties of cells are crucial to life
- We acknowledge the potential hazards external electric fields pose to developmental biology (see Is Technology
   Destroying Our Capacity to Think Clearly? and Is Human Life Programmable?)
- We understand that genetic structures straddle mind and body, consciousness and matter
- We abandon the arbitrary notion that genetic structures are solely the result of random evolutionary processes
- We relinquish the idea that gene editing can be safely accomplished without mutating and/or harming the wider organism
- We acknowledge the self-referral structure underlying the operation of DNA that points to quantum mechanical processes

# The Pandemic Appears to Have Added a New Dimension to This Narrative

Despite the numerous unanswered questions, the pandemic enabled applied biotechnologists and biotech companies to get ahead of the science of genetics. Despite the huge risks, identical genetic sequences have been injected into billions of people along with a cocktail of other adjuvants designed to fool cells into granting them entrance into the cytoplasm, where the genetic instructions they contain can begin to function.

Injected mRNA vaccines were designed to edit genetic functions and were expected to carry out a specific function for a short time and then be rapidly dissolved by the body's protective immune responses, but they weren't. Their products have been detected in the body months after injection. No one knows where this will ultimately lead and how much damage has been done.

The genie has escaped the bottle. A massive wealth transfer has been engineered on the back of ill health, death, and mental suffering. Biotechnology firms, now completely out on a limb as far as safety is concerned but firmly in charge of the commercial agenda, are lining up a host of products to unleash on a largely unsuspecting public.

A fundamental characteristic of all genetic material is the need to survive and propagate. Genes are designed to perpetuate themselves. They are highly mobile, and evidence of the activity of mRNA vaccines has been found in all the body's organs, where they have proved quite capable of making mischief, seeding a wide range of adverse effects from heart disease to cancers and many others.

Moreover, genes are multitasking. They cooperate with other genes to undertake functions. They are not like Lego bricks which can be replaced with different colors without damaging the shape or viability of your model. They are more like the gears of a watch which alter the passage of time or seize the mechanism if replaced with the wrong size. Genetic engineering is recognized to be inherently mutagenic (watch my video here).

# What Does Genetic Manipulation Do to Other Functions of Genetic Sequences?

What does genetic manipulation do to other functions of genetic sequences? Does it harm their capacity to support identity, immunity, intelligence, homeostasis, relationships, and especially their networking functions? Does this realign our connections with the world around us? Could gene therapy subtly distort our perception of personal reality, alter our relationships and behaviors? No one has definitive answers to this class of questions, but this has not deterred the experimental injection of the majority of the world's population.

Reviewing the daily news, it is hard to escape the notion that the psychology of society has changed for the worse. The Me Too movement of six years ago appears to have been replaced with the acceptance of behaviors that denigrate and endanger women. The US sale of cluster bombs to Ukraine cuts across a previous widely shared morality. The widespread indifference to medical misadventure is shocking. The general tenet of social commentary that it is right to impose your views on others challenges notions of freedom. The growth of violent crime among the young. It is hard not to associate this with the consequences of pandemic policy.

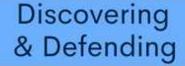
#### Have We Forgotten What It is to Be Human?

If so, why? Do we only remember the sum total of who and what we are, when our genetic identity functions intact and complete?

Last week Nature Journal announced a conference entitled "Bioengineering for Global Health." The association between the words nature, bioengineering and health is entirely deceptive. Biotechnologists have shown themselves unable to define what health really is or how to measure it. The biotechnology enterprise has been launched without any comprehensive notion about how genes support who we are or what life is. Growing evidence indicates biotechnology is not healing; it is maiming life. Just one more among many reasons to halt biotechnology experimentation immediately.

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Guy is the author of Your DNA Diet: Leveraging the Power of Consciousness To Heal Ourselves and Our World. An Ayurvedic Blueprint For Health and Wellness.



# & Defending Your DNA Diet



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